



INTERNATIONAL SOCIETY OF HAIR RESTORATION SURGERY
31ST WORLD CONGRESS
NOVEMBER 1-4, 2023 • DELHI, INDIA

ISHRS 2023

Basics Course in Hair Restoration

Wednesday, November 1, 2023

ISHRS 2023 Basics Course in Hair Restoration
Wednesday/November 1, 2023
8:00AM-5:30PM

Chair: Otavio Boaventura Lima, MD | Brazil
Co-Chair: Nina Otberg, MD | Germany

SESSION 1: BASICS & HAIRLINE

08:00AM-08:10AM	10'	Introduction and Overview Otavio Boaventura Lima, MD Brazil Nina Otberg, MD Germany
08:10AM-08:20AM	10'	Anatomy and Hair Cycle Andressa Alcantara, MD Brazil
08:20AM-08:30AM	10'	Androgenetic Alopecia: Pathophysiology, Male and Female Pattern Meena Singh, MD USA
08:30AM-08:40AM	10'	Androgenetic Alopecia: Medical Treatment Tatiana Silyuk, MD Russia
08:40AM-08:50AM	10'	Inflammatory Scalp Disorders Andreas M. Finner, MD, FISHRS Germany
08:50AM-09:00AM	10'	Alopecias: When We Must Contraindicate Hair Transplant Jennifer Krejci, MD USA
09:00AM-09:10AM	10'	Trichoscopy in Cicatricial Alopecias Nicole E. Rogers, MD, FISHRS USA
09:10AM-09:20AM	10'	Trichoscopy in Non-cicatricial Alopecias Ratchathorn Panchaprateep, MD, PhD, FISHRS Thailand
09:20AM-09:30AM	10'	Male and Female Hairline Design Nina Otberg, MD Germany
09:30AM-9:40AM	10'	Q&A discussion

09:40AM-9:50AM 10' Coffee break & transition to workstations

Session 1 Workstations

09:50AM-10:15AM 25' **Station 1: Hairline Design**
James A. Harris, MD, FISHRS | USA
Jennifer Krejci, MD | USA
Piero Tesauro, MD | Italy

Station 1: Hairline Design
Nina Otberg, MD | Germany
Baltazar Sanabria, MD | Brazil
Robert S. Haber, MD, FISHRS | USA

10:15AM-10:20AM 5' Rotate stations

10:20AM-10:45AM 25' **Station 2: Trichoscopy Using Different Devices and Quiz**
Andressa Alcantara, MD | Brazil
Nicole E. Rogers, MD, FISHRS | USA
Tatiana Silyuk, MD | Russia

Station 2: Trichoscopy Using Different Devices and Quiz
Andreas M. Finner, MD, FISHRS | Germany
Ratchathorn Panchaprateep, MD, PhD, FISHRS | Thailand
Meena Singh, MD | USA

10:45AM-10:50AM 5' Return to classroom

SESSION 2: FUE, DONOR AREA & ANESTHESIA

10:50AM-11:00AM 10' **Donor Area Assessment**
James A. Harris, MD, FISHRS | USA

11:00AM-11:10AM 10' **Donor Area: Classic Limits and New Trends**
Sebastian Yriart, MD | Argentina

11:10AM-11:20AM 10' **Safe Anesthesia for Hair Transplant Surgery**
Guillermo Guerrero-Gonzalez, MD | Mexico

11:20AM-11:30AM 10' **Popular FUE Devices in Action**
Osman Tayfun Oguzoglu, MD, FISHRS | Turkey

11:30AM-11:40AM 10' **Modalities of Non-shaven FUE Overview**
Otavio Boaventura Lima, MD | Brazil

11:40AM-11:50AM 10' **Different Types of FUE Punches**
Emorane C. Lupanzula, MD | Belgium

11:50AM-12:00AM 15' Q&A Discussion

12:00PM-12:40PM 40' Lunch with faculty & return to workstations

Session 2 Workstations

12:40PM-02:00PM 80'

Station 3: FUE Harvesting

Andressa Alcantara, MD | Brazil

Robert S. Haber, MD, FISHRS | USA

Tatiana Silyuk, MD | Russia

Anastasios Vekris, MD | Greece

Station 3: FUE Harvesting

Osman Tayfun Oguzoglu, MD, FISHRS | Turkey

Nicole E. Rogers, MD, FISHRS | USA

Piero Tesauro, MD | Italy

Andreas M. Finner, MD, FISHRS | Germany

Station 3: FUE Harvesting

Otavio Boaventura Lima, MD | Brazil

Emorane C. Lupanzula, MD | Belgium

Geza Sikos, MD | Hungary

Station 3: FUE Harvesting

Laura Caicedo Albarello, MD | Spain

Christian N. Bisanga, MD | Belgium

Nina Otberg, MD | Germany

Alba V. Reyes, MD, FISHRS | Dominican Republic

02:00PM-02:05PM 5' Return to classroom

SESSION 3: FUT, GRAFT PLACEMENT & COMPLICATIONS

02:05PM-02:15PM 10' **FUT: Indications, Contraindications, Strip Harvesting**
Robert S. Haber, MD, FISHRS | USA

02:15PM-02:25PM 10' **FUT: Slivering and Graft Preparation**
Piero Tesauro, MD | Italy

02:25PM-02:35PM 10' **Planning the Distribution of Follicular Unit**
Baltazar Sanabria, MD | Brazil

02:35PM-02:45PM 10' **Graft Placement Techniques Using Pre-made Slits**
Vikram Jayaprakash, BM, FISHRS | Australia

02:45PM-02:55PM 10' **Graft Placement Techniques Using Stick-and-Place**
Ozgur Oztan, MD, PhD, FISHRS | Turkey

02:55PM-03:05PM 10' **Investigating Poor Growth**
Andressa Alcantara, MD | Brazil

03:05PM-03:20PM 15' **Q&A Discussion**

03:25PM-03:30PM 10' Coffee break & transition to workstations

Session 3 Workstations

3:30PM-3:55PM	25'	Station 4: Strip Harvesting Robert S. Haber, MD, FISHRS USA Ozgun Oztan, MD, PhD, FISHRS Turkey Nicole E. Rogers, MD, FISHRS USA
3:55PM-4:00PM	5'	Rotate stations
4:00PM-4:25PM	25'	Station 5: Graft Preparation Piero Tesauro, MD Italy Tatiana Silyuk, MD Russia
4:25PM-4:30PM	5'	Rotate stations
4:30PM-4:55PM	25'	Station 6: Pre-made Slits & Graft Placement James A. Harris, MD, FISHRS USA Emorane C. Lupanzula, MD Belgium Baltazar Sanabria, MD Brazil
4:55PM-5:00PM	5'	Rotate stations
5:00PM-5:25PM	25'	Station 7: Different Types of Implanters Andressa Alcantara, MD Brazil Otavio Boaventura Lima, MD Brazil Vikram Jayaprakash, BM, FISHRS Australia Anastasios Vekris, MD Greece
05:25PM-05:30PM	5'	Final considerations