



INTERNATIONAL SOCIETY OF HAIR RESTORATION SURGERY  
**31ST WORLD CONGRESS**  
NOVEMBER 1-4, 2023 • DELHI, INDIA

## **ISHRS 2023**

# **Basics Course in Hair Restoration**

Wednesday, November 1, 2023

**ISHRS 2023 Basics Course in Hair Restoration**  
Wednesday/November 1, 2023  
8:00AM-5:30PM

**Chair: Otavio Boaventura Lima, MD | Brazil**  
**Co-Chair: Nina Otberg, MD | Germany**

### SESSION 1: BASICS & HAIRLINE

8:00AM-8:10AM	10'	<b>Introduction and Overview</b> Otavio Boaventura Lima, MD   Brazil Nina Otberg, MD   Germany
8:10AM-8:20AM	10'	<b>Anatomy and Hair Cycle</b> Andressa Alcantara, MD   Brazil
8:20AM-8:30AM	10'	<b>Androgenetic Alopecia: Pathophysiology, Male and Female Pattern</b> Emre A. Karadinez, MD, FISHRS   Turkey
8:30AM-8:40AM	10'	<b>Androgenetic Alopecia: Medical Treatment</b> Tatiana Silyuk, MD   Russia
8:40AM-8:50AM	10'	<b>Inflammatory Scalp Disorders</b> Andreas M. Finner, MD, FISHRS   Germany
8:50AM-9:00AM	10'	<b>Alopecias: When We Must Contraindicate Hair Transplant</b> Nicole E. Rogers, MD, FISHRS, FAAD   USA
9:00AM-9:10AM	10'	<b>Trichoscopy in Cicatricial Alopecias</b> Nicole E. Rogers, MD, FISHRS, FAAD   USA
9:10AM-9:20AM	10'	<b>Trichoscopy in Non-cicatricial Alopecias</b> Ratchathorn Panchaprateep, MD, PhD, FISHRS   Thailand
9:20AM-9:30AM	10'	<b>Male and Female Hairline Design</b> Nina Otberg, MD   Germany
9:30AM-9:40AM	10'	<b>Q&amp;A discussion</b>

9:40AM-9:50AM 10' *Coffee break & transition to workstations*

### Session 1 Workstations

9:50AM-10:18AM 28' **Station 1: Hairline Design** (group A)  
Table leader: Geza Sikos, MD | Hungary  
Emre A. Karadinez, MD, FISHRS | Turkey  
Osman Tayfun Oguzoglu, MD, FISHRS | Turkey  
Vikram Jayaprakash, BM, FISHRS

**Station 1: Hairline Design** (group B)  
Table leader: Christian Bisanga, MD | Belgium  
Robert S. Haber, MD, FISHRS | USA  
Nina Otberg, MD | Germany  
Anastasios Vekris, MD | Greece

10:18AM-10:20AM 2' *Rotate stations (Group A moves to C, B moves to D)*

10:20AM-10:48AM 28' **Station 2: Trichoscopy Using Different Devices and Quiz** (group C)  
Table leader: Nicole E. Rogers, MD, FISHRS, FAAD | USA  
Andressa Alcantara, MD | Brazil  
Otavio Boaventura Lima, MD | Brazil  
Tatiana Silyuk, MD | Russia

**Station 2: Trichoscopy Using Different Devices and Quiz** (group D)  
Table leader: Ratchathorn Panchaprateep, MD, PhD, FISHRS | Thailand  
Andreas M. Finner, MD, FISHRS | Germany  
Guillermo Guerrero-Gonzales, MD | Mexico  
Piero Tesauro, MD | Italy

10:48AM-10:50AM 2' *Return to classroom*

### SESSION 2: FUE, DONOR AREA & ANESTHESIA

10:50AM-11:00AM 10' **Donor Area Assessment**  
Nina Otberg, MD | Germany

11:00AM-11:10AM 10' **Donor Area: Classic Limits and New Trends**  
Otavio Boaventura Lima, MD | Brazil

11:10AM-11:20AM 10' **Safe Anesthesia for Hair Transplant Surgery**  
Guillermo Guerrero-Gonzalez, MD | Mexico

11:20AM-11:30AM 10' **Popular FUE Devices**  
Osman Tayfun Oguzoglu, MD, FISHRS | Turkey

11:30AM-11:40AM 10' **Modalities of Non-shaven FUE**  
Otavio Boaventura Lima, MD | Brazil

11:40AM-11:50AM	10'	<b>Different Types of FUE Punches</b> Emorane C. Lupanzula, MD   Belgium
11:50AM-12:00PM	10'	<b>Q&amp;A Discussion</b>
12:00PM-12:40PM	40'	<i>Lunch with faculty &amp; return to workstations</i>

### Session 2 Workstations

12:40PM-1:00PM	20'	<b>Station 3: FUE Harvesting (group A)</b> <u>Table leader: Emorane C. Lupanzula, MD   Belgium</u> Laura Caicedo Albarello, MD   Spain Piero Tesauro, MD   Italy Vikram Jayaprakash, BM, FISHRS
1:00PM-1:02PM	2'	<i>Rotate stations</i>
1:02PM-1:22PM	20'	<b>Station 3: FUE Harvesting (group B)</b> <u>Table leader: Christian N. Bisanga, MD   Belgium</u> Otavio Boaventura Lima, MD   Brazil Osman Tayfun Oguzoglu, MD, FISHRS   Turkey Anastasios Vekris, MD   Greece
12:22PM-1:24PM	2'	<i>Rotate stations</i>
1:24PM-1:44PM	20'	<b>Station 3: FUE Harvesting (group C)</b> <u>Table leader: Geza Sikos, MD   Hungary</u> Nina Otberg, MD   Germany Ratchathorn Panchaprateep, MD, PhD, FISHRS   Thailand Nicole E. Rogers, MD, FISHRS, FAAD   USA
1:44PM-1:46PM	2'	<i>Rotate stations</i>
1:46PM-2:06PM	20'	<b>Station 3: FUE Harvesting (group D)</b> <u>Table leader: Andreas M. Finner, MD, FISHRS   Germany</u> Andressa Alcantara, MD   Brazil Guillermo Guerrero-Gonzales, MD   Hungary Tatiana Silyuk, MD   Russia
2:06PM-2:10PM	4'	<i>Return to classroom</i>

### SESSION 3: FUT, GRAFT PLACEMENT & COMPLICATIONS

2:10PM-2:20PM	10'	<b>FUT: Indications, Contraindications, Strip Harvesting</b> Robert S. Haber, MD, FISHRS   USA
2:20PM-2:30PM	10'	<b>FUT: Slivering and Graft Preparation</b> Piero Tesauro, MD   Italy
2:30PM-2:40PM	10'	<b>Planning the Distribution of Follicular Units</b>

Anastasios Vekris | Greece

- 2:40PM-2:50PM 10' **Graft Placement Techniques Using Pre-made Slits**  
Vikram Jayaprakash, BM, FISHRS | Australia
- 2:50PM-3:00PM 10' **Graft Placement Techniques Using Stick-and-Place**  
Ozgur Oztan, MD, PhD | Turkey
- 3:00PM-3:10PM 10' **Assessment of Poor Growth**  
Andressa Alcantara, MD | Brazil
- 3:10PM-3:25PM 15' **Q&A Discussion**
- 3:25PM-3:35PM 10' *Coffee break & transition to workstations*

### Session 3 Workstations

- 3:35PM-4:00PM 25' **Station 4: Strip Harvesting (group A)**  
Table leader: Robert S. Haber, MD, FISHRS | USA  
Andreas M. Finner, MD, FISHRS | Germany  
Ratchathorn Panchaprateep, MD, PhD, FISHRS | Thailand  
Nicole E. Rogers, MD, FISHRS, FAAD | USA
- 4:00PM-4:02PM 2' *Rotate stations*
- 4:02PM-4:27PM 25' **Station 5: Graft Preparation (group B)**  
Table leader: Piero Tesauo, MD | Italy  
Guillermo Guerrero-Gonzales, MD | Hungary  
Nina Otberg, MD | Germany  
Tatiana Silyuk, MD | Russia
- 4:27PM-4:29PM 2' *Rotate stations*
- 4:29PM-4:54PM 25' **Station 6: Pre-made Slits & Graft Placement (group C)**  
Table leader: Ozgur Oztan, MD, PhD | Turkey  
Emorane C. Lupanzula, MD | Belgium  
Geza Sikos, MD | Hungary  
Osman Tayfun Oguzoglu, MD, FISHRS | Turkey
- 4:54PM-4:56PM 2' *Rotate stations*
- 4:56PM-5:21PM 25' **Station 7: Different Types of Implanters (group D)**  
Table leader: Vikram Jayaprakash, BM, FISHRS | Australia  
Andressa Alcantara, MD | Brazil  
Christian Bisanga, MD | Belgium  
Anastasios Vekris | Greece
- 5:21PM-5:30PM 9' *Final considerations*